3 REASONS WHY PREVENTIVE DENTAL CARE MATTERS



Fluoride treatments and sealants are available for kids to help prevent cavities which can be costly to treat.



Your dentist can spot oral symptoms of more than 120 diseases including diabetes and heart disease.1

Dental exams can help detect and treat these diseases early!













Adults who visit the dentist yearly are 37% more likely to report good or better oral health.

Those who report good oral health are almost twice as likely to report good or better overall well-being.2

Don't forget, most dental plans cover preventive services at 100%. That means \$0 cost for exams and cleanings for you!













Steven L. Bricker, Robert P. Langlais, and Craig S. Miller, Oral Diagnosis, Oral Medicine and Treatment Planning (Philadelphia: Lea & Febiger, 1994).
2014 Delta Dental Oral Health and Well-Being Survey.