



# Thinking about dental implants?

Dental implants may be a solution for adults who have missing, decayed, or diseased teeth. Made from titanium, implants look similar to a screw. They act as an artificial root to anchor other dental work like crowns and artificial teeth. You should work with a dental provider to make sure implants are right for you.

## Who can get dental implants?

Implants are not a good option for children or teens because their jaws are not done growing. Adults of any age may be good candidates for implants, but a person's overall health plays into the mix. Adults who are receiving chemotherapy or taking immuno-suppressive medication may not be good candidates. Other red flags are conditions like type 2 diabetes, bleeding disorders, immune deficiency disorders, cardiovascular disease, and those suffering from certain bone diseases.

## The benefit of dental implants

Dental implants are increasingly used in place of dentures and bridges in appropriate candidates.

Consider the following if you're thinking about getting implants:

- They stay in place. No slipping or clicking sounds when you speak.
- They help with proper chewing motions.
- Implants can boost self-confidence.
- No nightly removal and cleaning.
- No mandatory replacement every seven to 15 years.

## What to expect

After an initial consultation determines that implants are a good solution for you, your dental provider will perform surgery to attach the implant to your jawbone and gum tissue. Crowns and/or artificial teeth will be placed once the implant area is healed. You can find out whether implants are covered by Delta Dental under your group dental plans by logging in to your member portal at [deltadentalco.com](https://deltadentalco.com).

Looking for a Delta Dental provider? Go to [deltadentalco.com](https://deltadentalco.com) and click on **Find a Dentist**.